

Weekly Scriptures

Week 1

1 Corinthians 10:13

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

Week 2

1 Corinthians 6:19-20

Don't you know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price therefore glorify God in your body and in your spirit, which are God's.

Week 3

Isaiah 41:10

Fear not, for I am with you. Be not discouraged (dismayed), for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.

Week 4

Hebrews 12:11

Now no chastening seems to be joyful (joyous) for the present, but painful (grievous); nevertheless, afterward it yields the peaceable fruit of righteousness to those who have been trained (exercised) by it.

Week 5

James 4:7-8

Therefore submit to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you.

Week 6

Romans 12:1-2

That you present your bodies as a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind.

Week 7

Isaiah 40:31

But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary and they shall walk and not faint.

Week 8

2 Peter 2:19

You are a slave to whatever controls you.

Week 9

Galatians 5:16-17

I say then, walk in the Spirit and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit lusts against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

Week 10

1 Corinthians 13:11

When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things.

Week 11

Ephesians 4:22-24

...that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness.

Week 12

1 Thessalonians 5:23

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul and body be preserved blameless at the coming of our Jesus Christ.

Week 1

1 Corinthians 10:13

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

Temptation

- 3986 - a putting to proof, by experiment of good, experience of evil, solicitation, discipline; adversity: try
- 3985 - to test, i.e. to entice, to discipline;-examine, prove, tempt-try
- 3984 - (idea of piercing); a test, i.e. attempt, experience
- 4008 - (to pierce): through, i.e. across: - beyond, farther (other) side, over

Tempted

- 3985 - to test, i.e. to entice, to discipline;-examine, prove, tempt-try

Able –

- 1410 - to be able or possible; - could, may, might, be possible, be of power

Way

- 1545 - an exit: - end, way to escape

Common

- 442 - human, common to man, after the manner of men
- 3700 - to gaze, observational

Escape

- 1545 - an exit: - end, way to escape
- 1537 - origin (point where motion or action proceeds), from, out; often of completion
- 939 - (to walk); a pace, i.e. the foot – foot

Bear

- 5297 – to bear from underneath, i.e. to undergo hardship; - bear, endure
- 5259 – under, beneath
- 5342 – to “bear”, or carry

How does this apply to your life or how can it help you mature in your walk with God?

To memorize, start with memorizing about 3-5 words at a time, then you can memorize the whole scripture. Look at it, get 3-5 words, look away, recite it, then look at it again to make sure you're right, then go to the next 3-5 words.

Without looking, recite this whole scripture.

Week 2

1 Corinthians 6:19-20

Don't you know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price therefore glorify God in your body and in your spirit, which are God's.

Body

- 4983 - as a sound whole – body
- 4982 - to save, deliver or protect; heal, preserve, save self, do well, be whole

Temple

- 3485 - (to dwell), shrine, temple
- 2411 - a sacred place, the central sanctuary itself
- 2413 - sacred; holy

Holy

- 40 - sacred, blameless, consecrated – most holy, saint
- 53 - clean, i.e. innocent, modest, perfect – clean, pure

Spirit (Ghost)

- 4151 - a current of air, superhuman or divine – life, spirit, mind
- 5590 - the rational and immortal soul
- 5594 - to breathe

Have

- 2192 - Possession, ability, relation or condition

Own

- 1438 - your own, himself or herself, my, yours

Price

- 5092 - a value, money paid, valuable, of the highest degree; - honour, precious, price
- 5099 - to pay a price, i.e. as a penalty – to be punished with

Glorify

- 1392 - to render glorious – glorify, full of glory, honour, magnify
- 1391 - dignity, glory, praise and worship
- 1390 - a present; - gift
- 1325 - to give, - adventure bring forth, commit, deliver

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Week 3

Isaiah 41:10

Fear not, for I am with you. Be not discouraged (dismayed), for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.

Fear

3372 - to fear, cause to frighten

Discouraged (dismayed)

8159 - bewildered, to inspect, to consider, regard

Strengthen

553 - to be alert – confirm, be courageous (strong), establish, increase, prevail, make strong

Help

5826 - to surround, protect or aid – help

Uphold

8551 - to sustain, follow close – hold (up), maintain, retain, stay

Righteous

6664 - prosperity, even (that which is all together), just (justice)

6663 - right – cleanse, clear self, be righteous

Hand

3225 - the right hand side of a person (as the stronger and more dexterous)

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Week 4

Hebrews 12:11

Now no chastening seems to be joyful (joyous) for the present, but painful (grievous); nevertheless, afterward it yields the peaceable fruit of righteousness to those who have been trained (exercised) by it.

Chastening

- 3809 - education or training; discipline or correction – chastening, instruction, nurture
- 3811 - to train up a child, educate – discipline (by punishment) – instruct, learn, teach

Joyful (joyous)

- 5479 - cheerfulness, i.e. calm, delight:- gladness, greatly, be exceedingly joyful
- 5463 - to be cheerful, i.e. calmly happy or well off; be well:- farewell, be glad, God speed, greeting, joyfully, rejoice

Painful (grievous)

- 3077 - sadness:-grief, grudgingly, heaviness, sorrow

Yields

- 591 - to give away:- deliver, pay, perform, render, restore, reward, yield
- 575 - separation, departure, completion, reversal, etc.

Peaceable

- 1516 - peaceable, 1515 – to join, peace, prosperity:- one, peace, quietness, rest

Fruit

- 2590 - fruit (as plucked), 726 – to seize:- catch, pull, pluck, take (by force)
- 138 - to take for oneself, i.e. prefer:- choose, 142 – to lift; to take up or away; to raise

Righteousness

- 1343 - equity (of character or act); justification:- righteousness
- 1342 - innocent; holy:- just, meet, right
- 1349 - right (as self evident), i.e. justice (the principle, a decision, or its execution)
- 1166 - to show

Trained

- 1128 - to practice naked (in the games), i.e. train
- 1131 - nude (literally or figuratively); naked

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Week 5

James 4:7-8

Therefore submit to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you.

Submit

- 5293 - to subordinate, to obey:- be under obedience, put under, subdue unto, subject to, be in subjection to, submit self unto
- 5259 - under, beneath
- 5021 - to arrange in an orderly manner, i.e. assign or dispose:- appoint, determine, ordain, set

Resist

- 436 - to stand against, i.e. oppose:- resist, withstand
- 473 - opposite, i.e. instead:- contrast, substitution
- 2476 - to stand:- abide, appoint, continue, covenant, establish, hold up, establish
- 5087 - to place; and upright and active position

Flee

- 5343 - to run away; shun; to vanish:- escape, flee (away)

Near (nigh)

- 1448 - to make near, i.e. approach:- be at hand, come near, be near
- 1451 - to squeeze or throttle; near:- ready
- 43 - an arm

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Week 6

Romans 12:1-2

That you present your bodies as a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind.

Present

- 3936 - to stand beside, i.e. to exhibit, to be at hand or ready;- assist, give presently, prove, provide, yield
- 3844 - near, at the vicinity of
- 2476 - abide, continue, covenant, hold up

Living

- 2198 - to *live* (literally or figuratively):—life (-time)

Sacrifice

- 2378 - sacrifice
- 2380 - slaughter for any purpose;- kill, slay

Holy

- 40 - sacred, blameless, consecrated – most holy, saint
- 53 - clean, i.e. innocent, modest, perfect – pure

Acceptable

- 2101 - fully agreeable,;- well pleasing,
- 2095 - good, well
- 700 - through the idea of exciting emotion:- please

Reasonable

- 3050 - rational (“logical”):- reasonable, of the word
- 3056 - something said, a topic, reasoning (the mental faculty), the Divine Expression (i.e. Christ)
- 3004 - to lay forth, i.e. relate in words

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Romans 12:1-2 (continued)

That you present your bodies as a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind.

Service

2999 - ministration of God, i.e. worship

3000 - to minister (to God), i.e. render religious homage:- serve, do the service, worship

Conformed

4964 - to fashion alike, i.e. conform to the same pattern

4862 - denoting union; with or together, i.e. by association, companionship, process, resemblance, possession, completeness

4976 - i.e. external condition

2192 - to hold (relation or condition)

Transformed

3339 - to transform (metamorphose):- change, transfigure

3326 - accompaniment,

3445 - to fashion:- form

3444 - through the idea of adjustment of parts; shape

Renewing

342 - renovation:- renewing

303 - repetition, intensity, reversal

2537 - new (freshness)

Mind

3563 - the intellect, i.e. mind (in thought, feeling or will:- understanding

1097 - to know:- allow, be aware of, feel, have knowledge, perceive

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Week 7

Isaiah 40:31

But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary and they shall walk and not faint.

Wait

6960 - to bind together, expect, collect

Renew

2498 – to slide by, to hasten away, pass on, spring up, change, grow up, sprout, strike through

Strength

3581 - force, capacity, produce, might, power, substance, wealth

Mount

5927 - to ascend, to rise up

Wings

83 - wing

82 - to soar;- fly

Run

7323 - to rush; break down, bring hastily

Weary

3021 - to gasp, to tire, to be exhausted

Walk

3212 - carry, depart from, get away

Faint

3286 - to tire, be weary

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Week 8

2 Peter 2:19

You are a slave to whatever controls you.

Overcome

2274 - to make less, inferior, to overcome, to be conquered by one, forced to yield to one

Bondage

1402 - to make a slave of, reduce to bondage

metaphorically = give myself wholly to one's needs and service, make myself a bondman to him

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Week 9

Galatians 5:16-17

I say then, walk in the Spirit and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit lusts against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

Walk

4043 - to make one's way, progress, Hebrew for, to live, to regulate one's life, to conduct one's self, to pass one's life

Spirit

4151 - the spirit, i.e. the vital principal by which the body is animated, the rational spirit, the power by which the human being feels, thinks, decides, the soul

Fulfill

5055 - to bring to a close, to finish, to end, passed, finished, to perform, execute, complete, fulfill, (so that the thing done corresponds to what has been said, the order, command etc.), with special reference to the subject matter, to carry out the contents of a command, with reference also to the form, to do just as commanded, and generally involving the notion of time, to perform the last act which completes a process, to accomplish, fulfill, to pay tribute

Lusts

1939 - desire, craving, longing, desire for what is forbidden, lust

Flesh

4561 - flesh (the soft substance of the living body, which covers the bones and is permeated with blood) of both man and beasts; the body, the sensuous nature of man, "the animal nature", the animal nature with cravings which incite to sin; the flesh, denotes mere human nature, the earthly nature of man apart from divine influence, and therefore prone to sin and opposed to God

Contrary

480 - to be set over against, opposite to, to oppose, be adverse to, withstand

Wish (Would)

2309 - to will, have in mind, intend, to be resolved or determined, to purpose, to desire, to wish, to love - to like to do a thing, be fond of doing, to take delight in, have pleasure

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Week 10

1 Corinthians 13:11

When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things.

Child

3516 - minor, not of age,
Metaphorically = childish, untaught, unskilled

Spoke

2980 - to utter a voice or emit a sound, to use the tongue or the faculty of speech

Understand

5426 - to feel, to think, to direct one's mind to a thing, to seek

Became

1096 - to come into existence, begin to be

Away

2673 - to render idle, unemployed, inactive, to cause a person or thing to have no further efficiency, to deprive of force, influence, power, to cause to cease, put an end to, to cease, be done with, to be severed from, separated from, discharged from, loosed from anyone

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Ephesians 4:22-24

...that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness.

Off

- 659 - to put away—cast off, lay apart (aside, down), put away (off).
- 575 - usually denotes *separation, departure, cessation, completion, reversal*, etc.
- 5087 - to place —advise, appoint, bow, commit, conceive, give, X kneel down, lay (aside, down, up), make, ordain, purpose, put, set (forth), settle, sink down.

Conduct (conversation)

- 391 - manner of life, behavior
- 390 - overturn, returns, to busy oneself, , that is, *remain, live*:—abide, behave self, have conversation, live, overthrow, pass, return, be used.
- 303 - it often means (by implication) *repetition, intensity, reversal*, etc.

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Week 12

1 Thessalonians 5:23

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul and body be preserved blameless at the coming of our Jesus Christ.

Sanctify

37 - to separate from profane things and dedicate to God, to purify, to cleanse externally, free from the guilt of sin, to purify internally by renewing of the soul.

Wholly

3651 - perfect, complete in all respect

Whole

3648 - complete in all its parts, in no part wanting or unsound, complete in all respects, entire, of a body without blemish or defect, free from sin, faultless

Spirit

4151 - eternal spirit, part that leaves the body

Soul

5590 - the seat of the feelings, desires, affections, aversions (our heart, soul etc)

Body

4983 - the living body

Preserve

5083 - to attend to carefully, take care of, to guard
Metaphorically = to keep one in the state in which he is

Coming

3952 - presence, the coming, arrival, the future visible return from heaven of Jesus, to raise the dead, hold the last judgment, and set up formally and gloriously the kingdom of God.

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